



If you're looking for an escape, SOFIA OASIS WELLNESS & SPA is the answer, with a range of options that'll pervade your senses and transport your mind and body to a faraway place of bliss.

Oasis is our definition of wellness from an authentically Mediterranean perspective. Surrender to the exclusive treatments and rituals offered by expert therapists.

1

OASIS SIGNATURE

OLAS DEL MEDITERRÁNEO

Drift away on the ocean waves with this enveloping, rhythmic massage and its unique aroma. Relaxes, tones, and alleviates muscle tension.

50' | €150 | 80' | €195

2

SIGNATURE RITUALS

OASIS OF SERENITY

Stress, nerves and rushing about put our health off-balance, resulting in ageing and degeneration. The combination of an anti-stress body treatment and a nourishing and moisturising facial treatment will provide you with the peace and physical and mental relaxation you need. Immerse yourself in a sea of profound well-being.

90' | 220€

ROYAL CITRUS EXPERIENCE

Revitalises, improves the density of the skin and protects the skin tissue of the face and body thanks to its innovative and antioxidant ingredients and the benefits of vitamin C.

105' | 220€

3

BODY MASSAGE

HOT STONES

Massage with oils and hot volcanic stones to balance the body, mind and spirit.

50' | €140 | 80' | €185

DEEP TISSUE

A strong therapeutic massage for the whole body, focusing on particular areas to work the deepest layers of muscle, relaxing the areas of greatest muscular tension and relieving pain.

50' | €140 | 80' | €185

BIO RELAXATION

Relaxing massage to help lower stress levels and improve circulation. Promotes a sense of inner calm.

Time just for you!

50' | €140 | 80' | €185

FUTURE MOTHERS

A tender massage for mothers-to-be. Relaxes, improves blood circulation, softens and pampers the skin.

50' | €140 | 80' | €185

4

FACIAL BEAUTY by Natura Bissé

CITRUS VITA-ESSENCE

Ideal for restoring the luminosity and firmness of the skin through a relaxing citrus aromatherapy experience. The extraordinary antioxidant properties of vitamin C can repair even the most damaged skin to reveal a fully hydrated and revitalised face.

60' | 120€

INHIBIT FACE LIFT

INHIBITS • FILLS • REFORMS

Advanced cabin treatment capable of minimizing wrinkles in an incredible way. Thanks to its powerful revitalizing action, its powerful filling effect and the effective massage maneuvers that it includes, this professional lifting not only reduces expression lines and corrects the signs of aging, but also achieves extraordinarily firm and hydrated skin, rejuvenating the face completely.

70' | 140€

5

BODY BEAUTY

DEAD SEA WRAP

A wrap in activated mud from the Dead Sea. A significant re-mineralising effect, thanks to the high mineral and oligo element content. The skin relaxes and is oxygenated and rejuvenated. The therapeutic applications help to soothe muscular pain, rheumatism, arthritis, eczema and psoriasis.

50' | 120€

CITRUS SCRUB BODY PEEL

BY NATURA BISSÉ

This treatment smoothes the surface of the skin thanks to highly-effective citrus exfoliating agents. Removes dead skin cells to reveal a protected and radiant skin.

50' | 120€

SOFIA OASIS WELLNESS & SPA TAG

The SOFIA OASIS WELLNESS & SPA team welcomes you to our wellness area. To ensure that all our customers may enjoy this oasis, you are kindly requested to talk quietly and avoid making noise. We inform you that mobile phones are not allowed in the Spa. Enjoy your moment.

SPA EXPERIENCE

To enjoy the best possible service, we ask you to book your Spa circuit and treatments in advance. We would be delighted to recommend a personalised ritual for you. As part of your relaxation experience, we recommend that you arrive at the Spa 15 minutes before your appointment (and arrive wearing the robe from your room if you are staying with us).

CANCELLATION POLICY

If you cannot attend your appointment, we ask that you let us know a minimum of

twenty-four (24) hours in advance.

Otherwise, the cost of the treatment

booked will be

charged to you in full. Your treatment time

will not be extended if you arrive late,

since this will affect the treatments

of subsequent clients.

CONDITIONS

· Entry to the Spa circuit is not permitted for those aged 16 or under.

· Right of admission reserved.

· Please advise your therapist of any particular health condition, allergy or injury. If you are pregnant, ask your doctor about any risks associated with receiving the treatments.

· The centre accepts no responsibility for items lost or left behind in the lockers or inside the Spa during your visit.

WELL-BEING

Our team aims to ensure you enjoy a

unique experience, so we would

appreciate your feedback and opinion

about your time with us.

